

MC&S Sputum Collection

Patient Information

Your Doctor has asked you to collect a sputum specimen for Pathology testing.



Collect your sputum first thing in the morning before eating, drinking or smoking.

First, rinse your mouth with water.

A deep cough from the lungs is needed to produce an adequate sputum sample.

Cough the sputum into the yellow-topped container.
Screw lid tightly on container.

Write your full name, date of birth and the **date and time** of the collection on the container.

Take the container and your request form to an Austin Pathology Collection Centre as soon as possible. If sample cannot be taken immediately, store in refrigerator. Sample must be taken to a collection center on the **same day** as collection.

Note: Saliva or spit cannot be used for this test.

www.austinpathology.org.au | 03 9496 5472



For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres