

Sputum Collection for AFB

Patient Information

Your Doctor has asked you to collect 3 sputum specimens for Pathology testing.



Collect your sputum first thing in the morning before eating, drinking or smoking.

First, rinse your mouth with water.

A deep cough from the lungs is needed to produce an adequate sputum sample.

Cough the sputum into the yellow-topped container.
Screw lid tightly on container.

Write your full name, date of birth and **date and time** of collection on the container and store in fridge.

Repeat this process every morning for 3 consecutive days. A new, clean container must be used to collect sputum each day.

Take the containers and your request form to an Austin Pathology Collection Centre.

Note: Saliva or spit cannot be used for this test.

www.austinpathology.org.au | 03 9496 5472



For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres