

Sputum Collection for AFB

Your Doctor has asked you to collect 3 sputum specimens for Pathology testing.

Collect your sputum first thing in the morning before eating, drinking or smoking.

Rinse your mouth with water.

A deep cough from the lungs is needed to produce an adequate sputum sample.

Cough the sputum into the yellow-topped container.
Screw the lid on the container and close tightly.

Write your full name, date of birth and date and time of collection on the container and store in fridge.

Do this every morning for 3 days.

Take the containers and your request form to an Austin Pathology Collection Centre.

Note: Saliva or spit cannot be used for this test.

www.austinpathology.org.au

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