



**24 Hour
Urine Collection
Hydroxyindole Acetic
Acid (5-HIAA)**

Your Doctor has asked you to collect a urine specimen for 24 hours for Pathology testing.

For 48 hours before the test don't eat walnuts, avocados, bananas, pineapple, plums or tomatoes.

CAUTION: The bottle contains an acid. Please take care not to spill the contents of the bottle.

When you wake up in the morning urinate into the toilet.

At this time write the **start date and time** on the collection bottle.

For the rest of the day and night please collect all urine into the bottle.

Keep the bottle in a cool dry place.

When you wake up the next morning collect your urine into the bottle for the last time.

Close the lid on the container tightly.

Write the **finish date and time** on the collection bottle.

Write your full name and date of birth on the container.

Write down the medications you are taking on the request form.

When finished, take the container and your request form to an Austin Pathology Collection Centre.

www.austinpathology.org.au

03 9496 5472

