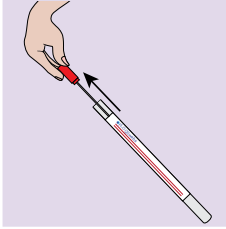


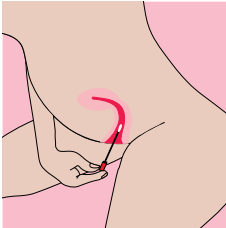
HPV Self-Collect

Patient Information



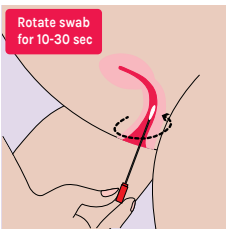
Step 1

Once you are in a private space, unscrew the red cap and take the swab out of the tube. Only hold the red cap and avoid touching the tip of the swab. Find the red line on the swab. This is needed for Step 2.



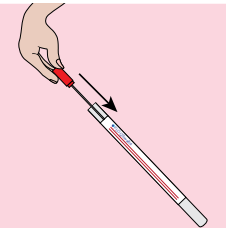
Step 2

Carefully insert the swab into your vagina up to the red line (approximately half the length of the swab). If you need, use your free hand to gently move any folds of skin around your vagina.



Step 3

Slowly and gently rotate the swab for 10-30 seconds. You may feel some discomfort but it should not be painful.



Step 4

Remove the swab gently and place it back into the collection tube. Secure the red cap tightly and label the swab with your full name, D.O.B, and time and date of collection. Return the swab to your healthcare provider or an Austin Pathology Collection Centre on the same day as collection.

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For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres