

# H. pylori (C14 Urea) Breath Test

## Patient Information

**Your Doctor has asked you to have a Breath Test to test for Helicobacter pylori (H.pylori)**



This test will take approximately 15 minutes.

### Before the test

Please talk to your Doctor before stopping any medications.

- Stop taking antibiotics or bismuth (e.g. DeNol) for 4 weeks before the test.
- Stop taking sucralfate 2 weeks before the test.
- Stop taking proton pump inhibitors (e.g. Losec, Zoton, Somac, Nexium, Pariet) 7 days before the test.
- During the fasting period stop taking Antacids and H2 Antagonists (e.g. mylana, gaviscon).
- Children and pregnant or breast feeding women should consult their doctor before conducting this test.
- Please do not eat, drink, chew gum, or smoke for 6 hours before your test. If you brush your teeth, do not swallow any toothpaste or water.
- Patients must wait 6-8 weeks after finishing a course of antibiotics to check for H. pylori eradication.

### During the test:

Please do not eat, drink, chew gum or smoke.

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