

# Cytology Sputum Collection

## Patient Information

Your Doctor has asked you to collect 3 sputum specimens for Pathology testing.



Collect your sputum first thing in the morning before eating, drinking, or smoking,

First, rinse your mouth with water.

A deep cough from the lungs is needed to produce a sputum sample. Cough the sputum into the yellow-topped container. Screw lid tightly on container.

Write your full name, date of birth, and the **date and time** of the collection on the container.

Store the containers in the fridge.

Repeat this process every morning for 3 consecutive days. A new, clean container must be used to collect sputum each day.

When finished, take the containers and your request form, to an Austin Pathology Collection Centre as soon as possible.

Note: Saliva or spit cannot be used for this test.

[www.austinpathology.org.au](http://www.austinpathology.org.au) | 03 9496 5472



For Collection Centre Locations please visit our website:

[www.austinpathology.org.au/collection-centres](http://www.austinpathology.org.au/collection-centres)