

24 Hour Urine Collection Hydroxyindole Acetic Acid (5-HIAA)

Patient Information

Your Doctor has asked you to collect a urine specimen over 24 hours for Pathology testing.



CAUTION: The bottle may contain an acid. Please take care not to spill the contents of the bottle. Avoid contact with skin.

Note: Walnuts, avocado, banana, pineapple, plums, or tomato should not be consumed for 48hrs before starting this test.

- When you first wake, empty your bladder into the toilet. Once finished, write your full name, date of birth and the **time and date** on the **empty collection bottle**.
- Over the next 24 hours, collect all urine into the bottle. Make sure to keep the bottle in a cool dry place.
- Your last urine collection should be done at exactly **24 hours after start time**.
E.g. If your start time is written as 8am 12/11/24 then your last urine collection should be at 8am 13/11/24.
- Write the **finish time and date** on the bottle.
- Screw lid tightly on bottle.

Return the bottle and request form to the nearest Austin Pathology Collection Centre **as soon as possible**.

www.austinpathology.org.au | 03 9496 5472



For Collection Centre Locations
please visit our website:

www.austinpathology.org.au/collection-centres