

Your Doctor has asked you to collect 3 sputum specimens for Pathology testing.

Collect your sputum first thing in the morning before eating, drinking or smoking.

Rinse your mouth with water.

A deep cough from the lungs is needed to produce a sputum sample.

Cough the sputum into the yellow-topped container.

Close the lid on the container tightly.

Write your full name, date of birth, and date and time of the collection on the container.

Store the containers in the fridge.

Do this every morning for 3 days.

When finished, take the containers and your request form to an Austin Pathology Collection Centre.

Note: Saliva or spit cannot be used for this test.

www.austinpathology.org.au

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