

**Your Doctor has asked you to collect a urine (wee) specimen for Pathology testing.**

**Females:**

Wipe your labia front to back with a sterile water wipe, throw the wipe in the bin and do this two more times.

Urinate (wee) a little bit into the toilet, and then urinate into the yellow topped container.

Try and half fill the container.

Close the lid on the container tightly.

Do not collect your urine during your period.

Write your full name, date of birth, and the time and date of the collection on the container.

When finished, take the container and your request form to an Austin Pathology Collection Centre.

Note: a minimum of 10mls of urine is required for this test.

[www.austinpathology.org.au](http://www.austinpathology.org.au)

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