

GTT patient procedure

- Please be in the Pathology waiting area 10 minutes before your blood test is due:

Time of First Hour Blood Test	
Time of Second Hour Blood Test	

- Returning late can affect the result of this test.

While you are waiting for your blood tests please remember you need to:

- Fast: No eating, smoking or chewing gum.
- No drinking anything except plain water.
- Stay rested, excessive walking around during this test can alter results, however you may use the toilet.
- If you feel unwell please inform a pathology staff member.
- If you need to lie down, please inform a pathology staff member.

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